

## NEWS RELEASE

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FOR IMMEDIATE RELEASE

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### **Luther Acres, Residents Celebrate Gold Star Recipients**

On Tuesday, June 24 at 8:30 am, Luther Acres Wellness Center's Gold Star Members celebrated their gold star membership. These residents have obtained this status as Gold Star Members by visiting the Luther Acres' Wellness Center 175 times. These visits include free swim, fitness room use, any exercise class, Tai Chi class, etc.

There are 300 residents who are members of the Wellness Center and 85 have reached this gold star status. While there is no specified period of time to accomplish this task, some residents have obtained their gold star in a year. If a resident averages 2 visits a week, it will take almost 2 years; 3 visits a week will take slightly more than 12 months. John Keller was the first resident to receive a Gold Star Membership. Luther Acres oldest resident to obtain a Gold Star Membership is Woodrow "Woody" Ranck at 94 years young.

LutherCare is proud of the seniors who have kept fit and active by participating in the Wellness programs offered at the Luther Acres campus.

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LutherCare, a social ministry organization affiliated with the Lower Susquehanna Synod of the Evangelical Lutheran Church in America and Lutheran Services in American is a leading provider of independent, assisted living, and skilled care residences in Lancaster and Lebanon County. LutherCare operates Luther Acres, a Continuing Care Retirement Community in Lititz, PA, Spang Crest Manor, a skilled nursing, rehabilitation center, assisted living community and adult day services in Lebanon, PA and St. John's Herr Estate, an independent and assisted living community in Columbia, PA. In addition, LutherCare also operates five childcare centers in Lebanon, Annville, Reamstown, Lancaster and Columbia.

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