



Experiences

A PUBLICATION OF  LUTHERCARE
Together in Community

News to Help You Discover, Connect & Rejoice. | 2012 . Vol. 36 . No. 2

Live More. Worry Less.

Welcome to Life at Luther Acres.

You've worked long and hard. Now, it's time for the next chapter. And while you may just be starting to think about retirement living, long-time Luther Acres cottage resident Dorothy Nissley has some advice: "Don't wait! Living at Luther Acres frees you from the shackles of responsibility... and it's a wonderful, wonderful feeling!"

"Retirement is the time to enjoy life more," adds Dorothy's husband, Jim. "Whether that means wine and cheese gatherings, more time spent with grandchildren, traveling, fishing, golfing, biking or trying something totally new, Luther Acres affords you the time - and opportunity - to do what you want, when you want, without worry or guilt."

"I can't think of a nicer place to live," says apartment resident Vince Groff. "Instead of chores, tasks and work, we

enjoy a relaxed, convenient lifestyle with the amenities and services found in a resort."

Freedom.

The Luther Acres lifestyle is designed to offer a sense of freedom - freedom to do more, freedom from the maintenance and upkeep that comes with owning a large home and freedom from worrying about unexpected setbacks.

"We take advantage of everything Luther Acres has to offer," says Jim Nissley. "Since moving to Luther Acres, we're doing more than ever. We're living a healthier lifestyle and we feel just great!"

"We also enjoy the security of knowing that if our health changes, we'll be taken care of and will never be a burden to our children," says wife, Dorothy, "and to us, that's real peace of mind."

Vibrant. Transformative. Purposeful.

William Snyder, Vice President of Marketing and Philanthropy for LutherCare, says so much opportunity is right here on the Luther Acres campus, ready and waiting to be enjoyed. "You'll

find the foundation to live a vibrant, transformative and purposeful life: health and wellness, new friends, art classes, healthcare services, travel opportunities and much more. From here, our residents explore the world, literally. Their choices - and their opportunities - are an open horizon."

Some apartments are ready for immediate occupancy! To learn more about the LutherCare lifestyle, call us at 717-626-1171 or visit www.luthercare.org.

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 LUTHERCARE
Together in Community



A Message from Our CEO

Throughout this year, we have been using the Experiences newsletter to introduce our Core Values. These values are: Compassion, Integrity, Connection, Teamwork and Learning. Each value, identified in the process of survey, discussion and study, is important for the ministry of Luthercare, in its own right. And yet, none of these values stands alone; they all work together.

At Luthercare we all work together in this ministry. It is about Teamwork. Each of us has different positions, gifts, talents and responsibilities on the Luthercare team. We bring these together to create something good for many people. And that team includes you. Perhaps you are a volunteer, donor or a friend who reads this newsletter and prays for the work that we do. You may be a resident in one of our Luthercare Communities or a parent of a child in one of our Child Care and Learning Centers. We are called to this service in challenging times. Teamwork energizes Luthercare to be effective in the world. So many are counting on us to do well, together.

Recently at our management forum, where we brought together 60 of our leaders, we thought about what makes us a good team and how we help our teams work better as well. We watched a video clip about what it takes for an orchestra to really come together as one cohesive team. One conductor made the point that when it happens, it is almost magical, and the conductor himself becomes lost in the experience of the music.

This does not happen all the time. But there are days and moments when it all comes together. Then, the teamwork really shows and everyone experiences a glimpse of what God is up to among us.

May "our" team, including you, continue to be blessed and to be a blessing in the world.

Carl McAloose
President and CEO

The Aspen . . . with a Sweet Loft

Senior living may not be what you think. What about that extra, tucked-away space for grandchildren, a private library or an out-of-the-way office? We have just the solution for you at Luther Acres and you may have never imagined it.

Our Aspen is 1,592 square feet with three bedrooms, a living/dining area, a beautifully appointed kitchen, two full baths and a garage.

The Aspen features a second floor loft. It presents itself as a typical bedroom with a full bath for guests or grandchildren. However, left to your imagination, it can become an oasis from the busy world. How does a craft room with several tables, storage cubicles and large closets sound? Or, maybe, a reading room with books lining the walls and a chair to curl up in with a cup of tea? Could you see the master bedroom there, waking to the sunlight streaming in every morning? Do you need a getaway to watch your sporting events without any interruptions? All these are opportunities awaiting you in the Aspen.

Call the Luther Acres Marketing Office at [717.626.1171](tel:717.626.1171) for more information on this special cottage and start dreaming about what you could do with this incredible space.

Explore Retirement Living

Community Open House

October 26 • 3 - 6 p.m. & October 27 • 10 a.m. - 2 p.m.

At Luther Acres & St. John's Herr Estate. Information-sharing open house event.

Stop to see what we have to offer! For more information, visit www.ExploreRetirementLiving.org or contact us at [717.626.1171](tel:717.626.1171).



From the Luthercare Kitchen: Chocolate Chili

Try our Beef, White Bean & Dried Cherry Chocolate Chili at this year's Chocolate Walk! Then, try duplicating the recipe at home with our list of key ingredients below:

- Wilbur's Dark Bittersweet Chocolate
- Cocoa Powder
- Orange, Lime and Lemon Juice
- Navy Beans
- Angus Ground Chuck
- Crushed Tomatoes and Tomato Paste
- Dried Cherries

Good luck and happy cooking!

Lititz Chocolate Walk
Saturday, October 6, 2012
10 a.m. to 4 p.m.

The Better Teamwork

During a recent video shoot, Luthercare residents, families, professionals and caregivers were asked what made Luthercare special. While the answers were varied – ranging from a great lifestyle, to great service and great food, to great care – the one underlying theme everyone said set Luthercare apart was Teamwork.

At each of our communities, you will find a culture of teamwork based on honesty, trust and compassion, says Luthercare CEO Carl McAloose.

"This culture of teamwork is the cornerstone of what we call the Luthercare Way.

Whether you are enjoying a meal in the dining room, taking a dip in our pool or receiving rehabilitation or child care services, our commitment to teamwork is felt throughout our organization – each and every day."

A recent study published in the June issue of Health Services Research reports senior living communities that place a great emphasis on teamwork and communication with its staff results in a higher quality of care for patients.

"This study demonstrates that teamwork is associated with better outcomes for patients and residents," said McAloose. "We've long understood that when you encourage practices that promote better cohesion, communication and teamwork, the result is always improved quality." Kristen Loose, Director of Nursing at Luther Acres, said she believes Luthercare has a wonderful staff – a staff that includes, Buddy, the resident dog – that works together like no other!

Team • work – *noun.*
 Cooperative and coordinated effort on the part of a group of persons acting together in the interests of a common cause.

"Teamwork here is natural. While we're always looking out for our residents, we're also looking out for one another," she says. "Here, we're part of a team where service, care and compassion come before the bottom line."

Benchmark Construction Awarded for Luther Acres Towne Center

Luthercare is proud to announce that Benchmark Construction Company was awarded the Excellence in Construction Award by the Associated Builders and Contractors, Keystone Chapter, for its work on the Luther Acres Towne Center.

The expansion and renovation project was done in phases and took 11 months. The Towne Center has proven to be more than just a campus expansion. It has become an integral part of our community, where the pathways of residents and the greater community now cross . . . and for this, we are very grateful.

Congratulations on a job well done!

Tributes

March 1, 2012 through August 14, 2012

Honor Gifts

Warren L. Boyer

Richard G. & Nancy L. Stoner

The Dining Staff at Luther Acres

FASTSIGNS
The Rev. H. James Meyers Family

The Employees of Spang Crest

Robert J. Rittle

Friends

Rev. & Mrs. Henry E. Herbener

Robert W. Herr & his Family

Universal Music Enterprises

Dr. Paul G. Hess

Pat Sullivan

Loved Ones

Allan W. & Vivien E. McKee

My Family

Dorothy Goshert

Pastoral Care at Luthercare

The Rev. Dr. Martha B. Sheaffer

Elizabeth G. Reilly

John (Jack) Reilly

Our Parents' 70th Wedding

Anniversary, William & Anna Ressler

James & Barbara Ressler

Memorial Gifts

My friend, Anna S. Alexander

John (Jack) Reilly

Catherine Barry

Kathleen & Donald Breneman
Dr. & Mrs. George E. Fava
Margaret J. Sholly
Gene & Pauline Weiksner

Our Parents - Delphin & Mary Bucy

The Rev. Dr. Roger &
Mrs. Jeannie Lee Bucy

Frederick Bartsch

James & Ruth Ann Biddle

C. Daniel Biemesderfer

Dr. Kenneth & Carol Samara

Ella Mae Carpenter

Charlene & John Gibbens
C. Hess & Marian Haagen
Doris Hummel
Jim & Linda Orwig
The Peterson Family
Ray & Mary Smith
Kari & Kevin Smith-Scull
Evelyn M. Thomas
Leone & J. Mark Wagner

Ilona T. deBrazay

June E. Fry
Hildegard P. Lamparter
Myrtle Painter

Our Parents Margaret R. & J. Lester Denlinger

The Denlinger sons, Robert & Richard

Barbara Eisenhauser

Jeffrey Eisenhauser

Jane A. Feeser

R. Donald Haverstick
June B. Witman

Lyle Fingalsen

Rev. & Mrs. Henry E. Herbener

The Rev. Clyde I. Fry

Dr. Charles & Joan Inners

Geraldine M. Goldinger

By her husband, George W. Goldinger

Anita & Arthur Guy

Margaret L. Saulina

Barbara Hause

Charlotte & Karl Arbogast
Patricia Fry
Barbara Granick
C. Hess & Marian Haagen
Robert & M. Margaret Herzer
Doris Hummel
Ernst & Ruth Rinder
Beverly A. Smith
June B. Witman

Robert W. Herr

Charlotte & Karl Arbogast
Laura Arbogast
Dorothy & A. Richart Bittle
Frances Brouse
Don & Sandra Frey
Patricia Fry
Yvonne C. Glatfelter
Ron Gould
James Hecox & Kathleen Hancock
Dr. Michael J. Hirschklau
& Larri Deane Hirschklau
Mr. & Mrs. Daniel Holler
Robert & Shirley Hosler
Robert & Marie Houghton
John & Carla Kachmar
Adam & Leora Langdon
Robert & Jean Lyman
Julia C. Pohl
Janet & John Strube
Emma Stumpf
Joan & Blake Swartz
Mrs. Martha S. Trump

Dr. Paul G. Hess

Dave & Marty Althouse
Steven & Joan Frantz
Joan & Henry H. Gibbel
Jeanette & Willard Hershey, Jr.
Marie Hess
Dr. & Mrs. A. J. Holder
Officers, Directors & Staff,
Lititz Mutual Insurance Company

Dr. Paul G. Hess (cont.)

James & Beverly Maddox
Glenn & Phyllis Miller
Myrtle Painter
Gaylord & Nadine Poling
Betty Sheaffer
Dick & Eleanor Stauffer
Linda Stoots
Woody Zug

Revenda Hess

Myrtle Painter

Glenn T. Hoke

Joseph & Alice Hoke

Miriam Swank Jensen

Helen M. V. Smith

Alfred F. Johnson

Global Infrastructure Partners, in
recognition of the Chapel of the
Good Samaritan at Luther Acres

Ruth M. Johnson

Charles F. Snyder Jr. Funeral Home
& Chapel, Inc.

Luther E. Killian

Mary (Polly) Eshelman

Herbert K. Kraybill

June B. Witman

Titus E. Landis

Evelyn M. Thomas

Eugene O. Lange

Norine Effie Myer

My husband, Amos H. Martin

Myrtle E. Martin

The Rev. H. James Meyers

Mary B. Meyers

Donald E. Ney

Patricia A. Ney

The Rev. John C. Pretz

The Rev. David Anderson &
Mrs. Joanna Pretz-Anderson

Our Parents - Robert & Mildred Reindollar

The Rev. Dr. Roger &
Mrs. Jeannie Lee Bucy

Ruth E. Rhodes

Dr. Jacob L. Rhodes

Elda Mae Rittle

Frank Sourbeer, Charles Sourbeer
& the employees of Wilsbach
Distributors, Inc.

Arthur Ritz

Milton & Helen Cooper

Harriet R. Rodger

Roy Rodger

Amos L. Rohrer

Bonnie Hogarth
Rob & Becky Stauffer

My husband, Robert J. Rutt

Florence Rutt

Patricia L. Shaub

June B. Witman

Helen F. Sponaugle

Dale A. Achenbach
Tom & Celine Clouse

The Rev. Donald A. Steward

Katherine A. Steward

Hoxie Thomas

Jean S. Thomas

The Rev. Frederick T. VanderPoel

Dr. & Mrs. Theodore C. Person
Dr. Kenneth & Carol Samara

Lillian Weaver

Gary & June Weaver

My grandmother, Iva Weldy

Deborah E. Morris-Good

LaVern E. Whitmer

June B. Witman

Pastor Gerald E. Wyneken

Ethel M. Laughlin
James & Beverly Maddox
June B. Witman

Ruth Zimmerman

Charles & Yen-Fee Baer

Gifts-in-Kind

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Linda J. Siems
Swiss Premium Dairy
Sysco Central Pennsylvania, LLC
Turkey Hill Dairy, Inc.
The Water Guy

Rejoice & Remember *Life is a Celebration!*



Rejoice & Remember was a new project this year, and we received a resoundingly positive response. Our donors took the opportunity to Rejoice & Remember the special people and celebrations in their lives with a contribution to Luthercare. We thank them for their generous gifts.

Franklin Greiner

Mary Kathryn Noll

Arlene L. Slabach

Mary Ann Smith

Audrey & Ed Thoms

Harlan & Mary Eye, in honor of our 70th Wedding Anniversary - 5/25/12

Don & Sandra Frey, in honor of William Smith

Friends of Luther Acres, in honor of Keri Bloom

Ruth E. Killian, in honor of the Employees of Luther Acres



Ernst & Ruth Rinder, in honor of the Employees of Luther Acres

William & Patricia Snyder, in honor of Luthercare Team Members

Braeden & Daniel Stevens, in honor of Sally & JohnEvin Groome III for their generosity!

Marjorie Sylvis, in honor of Jessica Goodman's graduation

Marjorie Sylvis, in honor of Zachary Goodman's graduation

Mrs. William Drebert, in memory of William Drebert

Sally Groome, in memory of Gerald Kauffman

Glenn & Barbara Grunenberger, in memory of Sue Eveleth

Glenn & Barbara Grunenberger, in memory of Heidi Grunenberger

R. Donald Haverstick, in memory of Norma A. Haverstick



Bruce & Diana Hill, in memory of Arthur Ritz

Dr. & Mrs. A. J. Holder, in memory of Mr. Edwin D. Merrion & Mrs. Marion R. Merrion

Daisy M. Kuhfeldt, in memory of Ralph H. Kuhfeldt

Marjorie A. Lehman, in memory of Larry L. Lehman

Helen E. Lindenmuth, in memory of Lamar LeRoy Lindenmuth

Alice F. Mailander, in memory of Albert Paul Mailander

Anita Martin, in memory of my sister, Linda Anderson

Doris Moskalski, in memory of Esther Sammons

Barbara & Clark Musser, in memory of Wilbur Musser

David A. Newall/Judith M. Singer, in memory of Rev. Rodger & Florence Singer

Matt & Marcella Oathout, in memory of Emily Christopher

William & Elizabeth Perham, in memory of Billy Perham, Jr.

Roy Rodger, in memory of Harriet Rodger

Lucille Rothermel, in memory of Richard Rothermel

Martina Schmid, in memory of my parents: George & Dina Schmid

Craig & Becky Siebler, in memory of Norma Haverstick

Bob & Meryl Singer, in memory of Dr. Paul Hess

William C. Smith, in memory of my wife, Phyllis Smith

Rudolph & Jean Soderholm, in memory of Jeffrey Soderholm

Ken Taylor, in memory of Carol Taylor

E. Larry Wanner, in memory of Sandra J. Wanner

Marion R. Weaver, in memory of T. Fred Weaver

Mary Elizabeth Weidman, in memory of husband, J. Carl Weidman

A St. John's Herr Estate/ Spang Crest Connection

Edna Shekart, a resident of St. John's Herr Estate, has used our rehab services on three occasions and two campuses. And each time she said she had a great experience.

The first time Edna used rehab was right there at St. John's Herr Estate after surgery. She was quickly back to living independently, fully healed.

Then, she broke her ankle and, along with other medical issues, needed rehab. Edna required intensive therapy and, wanting to remain in the Luthercare family, she chose to go to Spang Crest. After seven weeks there, Edna returned to her apartment at St. John's Herr Estate, restored to her old self.

This year, Edna found herself needing rehab for a knee replacement. Once again, she returned to Spang Crest, this time in a newly renovated rehab room, complete with television, phone service and in-room dining. She received the essential therapy in a great setting and was literally back on her feet in no time. She said, "The care I received at Spang



Crest was great. My rehab room was beautiful, the meals were delicious and I received the help I needed to get back to my apartment that I love." She is back at St. John's Herr Estate living her busy schedule. Her rehab at Spang Crest made it possible for her to come back to a lifestyle she cherishes.



Deborah Haldeman



Melissa Salgado & Aubrey Peters

Discover

Lebanon County Provider of the Year Awards

The Lebanon County Local Education and Resource Network (LEARN) recently presented Provider of the Year Awards to three Luthercare for Kids team members: Aubrey Peters, Melissa Salgado and Deborah Haldeman.

Aubrey Peters, from the Emma Berger Child Care and Learning Center, was awarded the Preschool Provider of the Year Award. A parent nominated her by saying, "Aubrey is such a great teacher and her love for the children is so easily seen. Her enthusiasm for teaching is clear in all the projects she does with the children."

St. James Child Care and Learning Center Teacher Melissa Salgado won the Provider of the Year Award. A fellow team member, who also is a parent, nominated her by saying, "Melissa is perfect for the award because she guides and encourages her students each and every day. The kids love her and that makes parents feel good about leaving their children in Melissa's care. She is amazing with my own daughter . . . it gives me comfort to see my daughter's eyes light up every time she sees Melissa."

Deborah Haldeman, from our Lebanon County Mentoring Program, was awarded the Betty Holsopple Educator of the Year Award, presented each year to a member of the Lebanon Valley Association for the Education of Young Children. Debbie was nominated by Christine Houck, a family day care provider in Lebanon, who says, "Debbie is an inspiration, a mentor and a friend to all family day care providers in the county."

Congratulations!



Connection – An Immersion Experience

By the time Kelsey Fitting was a junior in high school, she felt that God was calling her to ordained ministry. A member of Holy Trinity Lutheran Church, Lebanon, Kelsey has taken several steps on her journey to become a pastor, including attending Susquehanna University, Selinsgrove, Pa., where she is a senior majoring in psychology and religion.

This summer, Kelsey had a unique opportunity to learn about ordained ministry through an "immersion" experience at Salem Lutheran Church, Ephrata, Pa., funded by a grant from Project Connect, an initiative of the Eastern Cluster of Lutheran Seminaries. The Rev. Jeffrey Goodman, a former member of Kelsey's home church in Lebanon and now the pastor of Salem, Ephrata, agreed to serve as Kelsey's mentor for her immersion experience. The members of Salem enthusiastically welcomed her into the life of their congregation for the summer.

As plans for Kelsey's immersion experience got underway, Pastor Goodman contacted the Rev. Lisa Leber, Director of Church Relations for Luthercare, to explore the opportunities Luthercare might offer to Kelsey to learn about Lutheran social ministry and chaplaincy. "One of Luthercare's values is 'connection'", said Pastor Leber. "Salem and Pastor Goodman presented us with a wonderful way

Chaplain Walt
Cleckley and
Kelsey Fitting in
the Chapel of the
Good Samaritan,
Luther Acres.



Luthercare's 18th Annual Golf Tournament

In Support of Luthercare for Kids

to partner with them as they helped a young person explore ordained ministry as a vocation." It has been a great connection.

At Salem, Kelsey assisted with Sunday worship and pastoral visitation and experienced the rhythm of parish ministry. Spending about half a day a week with Luthercare through the summer, Kelsey visited Luthercare's three retirement communities and Emma C. Berger, the Luthercare for Kids child care center in Anville. She learned about the ELCA's vast network of social ministry organizations. She also shadowed the Rev. Walt Cleckley, chaplain at Luther Acres.

Pastor Goodman shared that both Kelsey and Salem Lutheran benefitted from the immersion experience. Kelsey brought energy and new ideas with her, and the congregation was privileged to be a part of some firsts in Kelsey's life, like her first sermon. Pastor Goodman also expressed appreciation for Luthercare's partnership, saying "Our congregation is a firm believer in Luthercare's mission. Allowing Kelsey to spend time with the chaplains and other staff this summer is just another way that Luthercare has supported us in turn."

When asked how her immersion experience affected her, Kelsey shared that it had "solidified my call to ministry." She has formally started the candidacy process in the Lower Susquehanna Synod. At Luthercare, we are pleased to have shared even a small portion of the journey.



On June 4, Luthercare held its 18th Annual Golf Tournament, where participants enjoyed a day of golf and helped to raise \$50,290. Highlighting the day, children from St. James Child Care & Learning Center Summer Program presented a poem entitled "Thank You" at the noon celebration.

Here is how your contribution helps:

- Since 1998, more than \$400,000 has been raised through the Annual Luthercare for Kids Golf Tournament to provide tuition assistance.
- Our Child Care and Learning Centers provide a safe, learning-focused environment for children while their parents are at work.
- More than 550 children throughout Lancaster and Lebanon counties benefit from your support of Luthercare for Kids programs!
- Currently, 66% of the children in our centers receive tuition assistance or subsidy.

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**We thank the following local
businesses for their donation of items
to support the tournament.**

Apex Advertising, Inc.
Sysco Central Pennsylvania, LLC
The Water Guy

Thank You!



Blueberry Jamboree *Kindle Recipient*

Xavier Polite, winner of the Kindle raffle at this year's St. John's Herr Estate's Red, White and Blue Jamboree, with his parents, Betsy Morrison and Ian Polite, and Anita Martin, Executive Director at St. John's Herr Estate.

Xavier attends Taylor Elementary, Columbia, and the summer program at Columbia Child Care & Learning Center.

LutherCare has agreed to comply with the provisions of the Federal Civil Rights Act of 1964, the Pennsylvania Human Relations Act, and all requirements imposed pursuant to the end that no persons shall, on grounds of race, color, national origin, ancestry, age, sex, religious creed, political affiliation, handicap, or disability be excluded from participation in, or denied benefits of, or otherwise be subject to discrimination in the provision of any care or service.

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