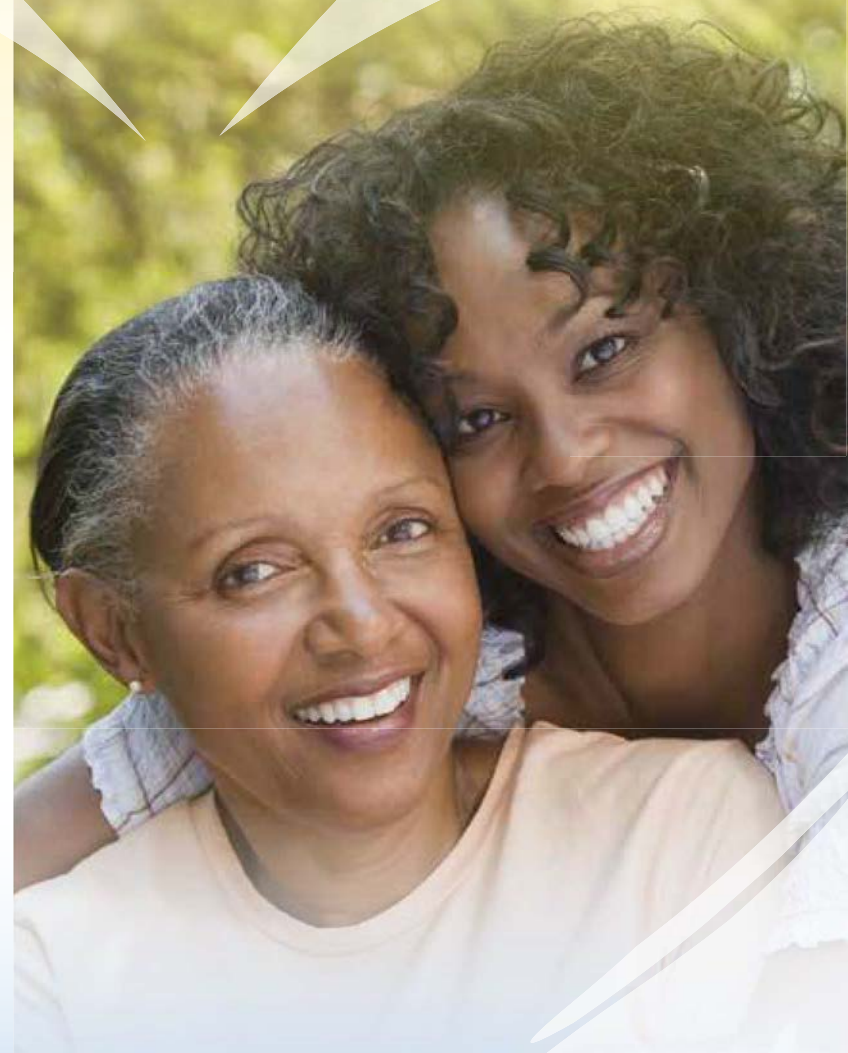


Where Potential is *Ageless.*

 *Spang Crest*
A Luthercare Community

Welcome to Spang Crest!



 **Spang Crest**
A Luthercare Community

Skilled Nursing . Rehabilitation . Memory Support Personal Care

Thank you for your interest in Spang Crest, a Luthercare community! Strongly rooted in the Lutheran commitment to serve, Luthercare has warmly welcomed individuals of all faith traditions for more than 65 years through:

- *Independent Living*
- *Personal Care*
- *Memory Care*
- *Skilled Nursing and Rehabilitation*
- *Luthercare for Kids*
- *Early Learning Programs*

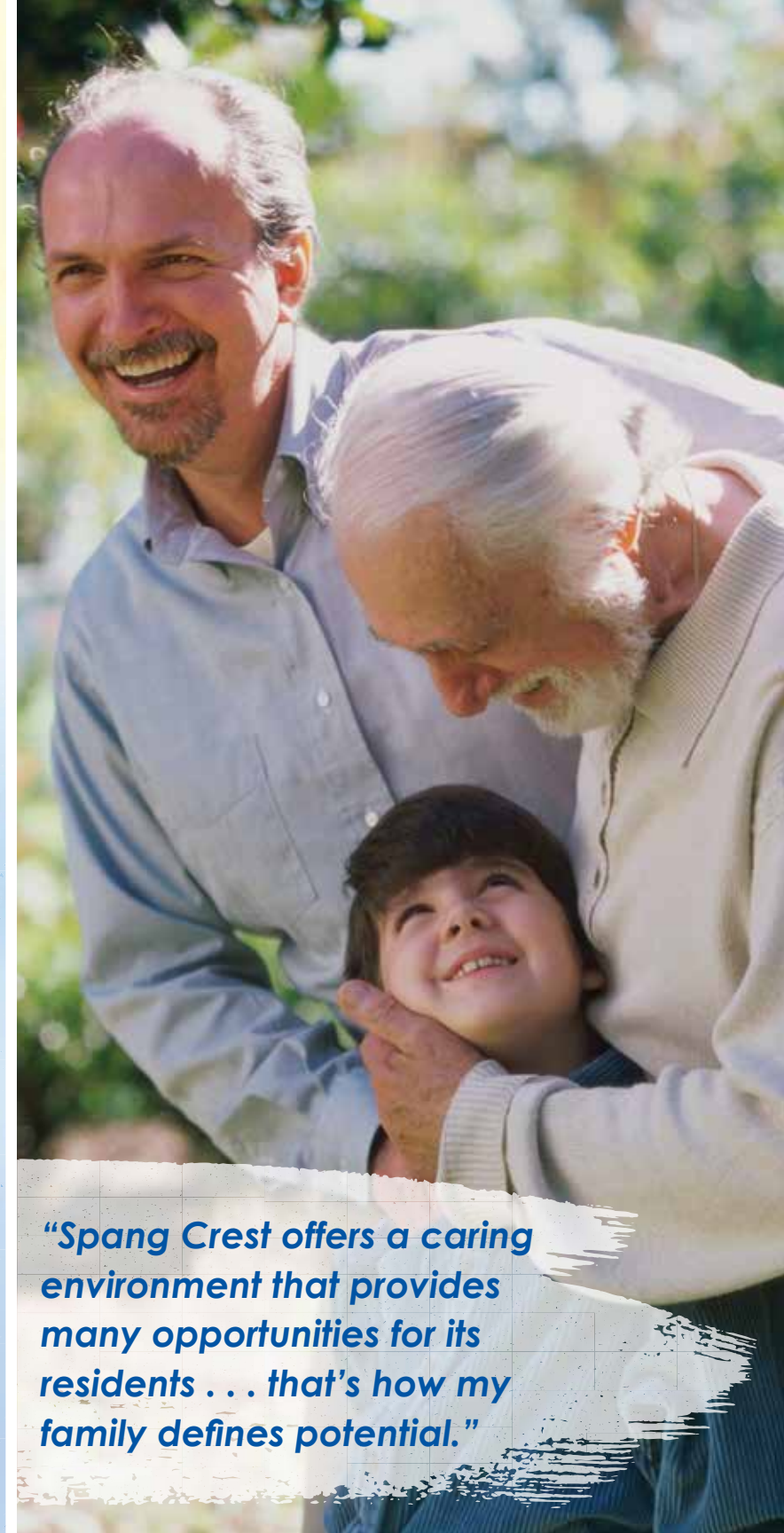
As you browse through this brochure, you will see why Spang Crest residents enjoy the warmth, care and compassion offered here, all complemented by programs and events that capture interest and bring joy and fulfillment to each day.

A family member of a Spang Crest resident says it best, “My mother is proof that living better leads to living longer. She has blossomed upon moving here. Watching her grow and thrive has brought great joy to our entire family!”

A snapshot of life at Spang Crest is provided herein, but the best way to appreciate the many ways Spang Crest is unique is to visit our campus. We live each day reflecting the belief that *Potential is Ageless!*

Your Admissions and Marketing Coordinator,

717.274.1495



“Spang Crest offers a caring environment that provides many opportunities for its residents . . . that’s how my family defines potential.”



How Do You Define *Fulfillment*?

At Spang Crest, all residents enjoy the benefits of quality care and thoughtfully planned resident-centered services and support. Our residents fulfill their potential and thrive in the family like setting that keeps them connected to the ones they value most.

There is always something going on at Spang Crest. From stimulating special events to the chance to revisit an old hobby or the opportunity to meet new people and socialize, our activities and wellness programs are personalized to meet the needs, interests and abilities of our residents.

For Your Enjoyment

- Diverse programs with physical, intellectual and spiritual elements
- Cultural, social and recreational activities
- Cheerful, sun-filled common areas throughout the community for enjoying time with family and friends
- Salon services for men and women

For Your Health and Well-Being

- On-site chapel and chaplaincy services
- Physical, occupational and speech therapies
- Diagnostic, laboratory and pharmacy services
- Wellness programs

For Your Comfort and Convenience

- Warm, comfortable atmosphere
- Transportation services available to healthcare providers
- 24-hour emergency call response



Building Strength Through Rehabilitative Services

Following an illness, surgery or injury, our rehabilitative services assist residents in recovering and reaching their optimal level of function. Each resident receives an individualized plan designed to maximize abilities and enhance potential.

We offer:

- Physical therapy
- Occupational therapy
- Speech language pathology
- Fully equipped therapy gym

Our cutting-edge technology also includes OmniVR™, a state-of-the-art virtual rehabilitation system that utilizes virtual reality to aid in the healing process. Most rehabilitation residents enjoy private rooms located on our first floor, enhancing their recovery experience.



"I always feel confident that my father's needs are being met and that he is in capable, caring hands."



"Our deepest thanks to the entire nursing staff; they are so wonderful and they certainly perform their task of caring with such professionalism."



"The nurses have such great attitudes and are helpful. Everyone always greets me with a warm, friendly smile."

Comfort and Care in the Healthcare Center

At Spang Crest, our skilled nursing center delivers exceptional healthcare in a comforting environment that feels like home. Most of our rooms are private, adding to the dignified lifestyle we offer. Our residents live among friends with similar needs: One floor is dedicated to long-term care; the other is dedicated to memory support. Whatever the need — short- or long-term — our 24-hour nursing care is attentive and professional.

And it's the extras that set us apart. Planned events such as Wii Bowling, worship services and happy hours, along with a variety of therapeutic activities, including music, discussion groups and fitness classes, encourage mental and physical stimulation. We focus on meeting our residents' physical, social, emotional, intellectual and spiritual needs through daily life, activities and events. Services include:

- 24-hour skilled nursing care
- Short-term and post-operative rehabilitation
- Wound care therapies
- Cardiac recovery
- Renal disease services
- General nursing and restorative care
- Respite care
- Comfort and supportive care



Personal Care with Memory Support

For those who require assistance with daily activities, along with memory support, the Personal Care Christman Memory Center at Spang Crest helps all residents reach their potential for living full, rich and rewarding lives.

Our residents enjoy the personalized attention of our supportive, caring team as well as a variety of engaging activities developed to meet their individual abilities and interests.

Memory support at Spang Crest is specifically designed to feel welcoming and relaxing. The Christman Memory Center's clinically progressive "neighborhood" design features pleasant sights and sounds and creates a safe and secure environment that feels like home.

A Community That Feels Like Family

Our close-knit community encourages friendships and fosters a sense of belonging. After all, home is a place where people care about you. That's what sets our personal care and memory support programs apart. We get to know our residents – and their families – and learn their individual life stories.

This helps us appreciate residents for their individuality. It also aids in the development of personalized support plans that identify existing abilities and areas where support is needed.



Personal Care with Memory Support Includes:

- Daily assistance with personal care needs
- Security of dedicated team members 24 hours a day
- Three delicious, healthy meals a day as well as beverages and snacks available anytime
- Medication management services
- Individualized attention to health concerns
- Communication with each resident's personal doctor and family
- Access to the outdoors in our enclosed courtyard and sensory garden
- Housekeeping, personal laundry and linen services
- Choice of a private or companion suite in a specially designed, secure environment
- Structured daily programming
- Intergenerational programs



“Before Dad moved here, our time together was spent fixing up his house, running errands and doing chores. Living at Spang Crest has allowed my father and I to be family again.”



Spang Crest

A Luthercare Community

Spang Crest is a Luthercare community offering personal care, comprehensive memory care, skilled nursing and rehabilitation.

Luthercare is committed to being the provider of choice for senior living and child care services. For a list of communities or for information about Luthercare, please visit www.luthercare.org or call us at 717.626.1171 or toll-free at 1.877.999.0039.

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