St. John's Herr Estate
A Luthercare Community

COVID -19 Restrictions
Effective November 23, 2020

	Guidelines
Visitors	Visitors **are not permitted** in Personal Care with the exception of compassionate care visits
	Visitation for Independent Living apartments and cottages **is restricted** at this time. If you have an essential adult caregiver please contact Anita Martin, Executive Director, to arrange a visit
	All permitted visitors must be screened at the Front Entrance until 4:00pm or the Personal Care Entrance after 4:00pm
	Campus grounds are closed to the outside community – this includes walking and biking
	Resident to Resident visits are permitted. No more than 4 indoor or 10 outdoor. Masks must be worn at all times
	All common areas are **closed** to visiting/gathering
	Residents are encouraged to remain on campus during this time
Dining	Dining rooms are closed
	Takeout (Delivery or Pick-up) available for all meals
	Grocery Packages and Produce Packages are available for purchase through Dining Services
Transportation	Transportation will be provided to local grocery stores, CVS and LGH lab
	Limited Seating, Masks must be worn at all times, practice COVID-19 Safety Protocols
Activities	Wellness Center Is Closed
	Outdoor exercise is encouraged when appropriate
	Resident groups (door/hallway exercises) can continue to meet at a reduced size and at the discretion of the ED
	Activity handouts will continue to be offered
	Word Find and Worship booklets will continue to be offered
Services	Housekeeping is limited to St. John's maid service or YNC. No outside providers are permitted
	The Beauty Salon will remain open with current COVID-19 precautions in place
	Outpatient Therapy will be provided in apartments and cottages. Therapy Gym is closed
Quarantine	14 day self-quarantine is **required** for: *Out of state travel *Exposure to COVID-19 *Symptoms of COVID-19 *Positive COVID-19 test *Hospitalization
	14 day self-quarantine is **recommended** if a resident attends an off campus gathering